

Saint Vincent and Duchesne Clinics are United Way Agencies. Please join us in supporting the 2014 campaign.

Mark Your Calendar

- 10/30** Celebration of Health and Hope Breakfast
Attention Celebration of Health & Hope Table Captains: If you have not submitted your guests' names please send them to deborah.sparks@caritasclinics.org today.
- 11/18** Duchesne Clinic 25th Anniversary Founders Mass and Reception
- 11/19** Snowflake Streak Team Captains Rally
- 1/24/15** 2nd Annual Snowflake Streak

Have You Seen Our New Website?

We've recently launched a combined site for both clinics. Go to www.caritasclinics.org to learn more about our patients, upcoming events, and ways you can help.




Snowflake Streak

Want to be a part of the "coolest" event in town, AND provide health and hope to those in need? Now is the time to build your team and join us on 1/24/15 for the 2nd Annual Snowflake Streak. Register today at www.snowflakestreak.org.



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Unknown Rash Leads to Ongoing Hope for Young Mother at Duchesne Clinic

As a mom with two young children, Patricia acknowledges that "I'm sort of a worrier." So when she had a bad rash that kept getting worse, and no money for a doctor or hospital visit, Patricia did what she knew to do; she worried.

Luckily, one of Patricia's relatives is a patient at Duchesne Clinic, and encouraged her to seek help from our clinic.

Patricia still clearly remembers how nice everyone was the first time she came in. As she worked with Liz to qualify as a patient, Patricia felt respected and comfortable. She was impressed with how clean and professional the clinic was. She appreciated that staff medical interpreters made sure she understood everything being said.

At her first appointment with Annette, our Nurse Practitioner, Patricia wasn't sure what to expect. As they talked and got to know one another, "I could



Care Coordinator, Lulu Herrera (l) and Nurse Practitioner, Annette Williamson (r) are key members of the care team that help Patricia stay healthy.

“This clinic helps real people stay healthy.”

- Patricia, Patient

comfortable talking to her and liked how she gave positive, realistic suggestions.”

Finally having a medical home brought hope to Patricia's life. She now comes to Duchesne Clinic for annual physicals as well as treatment of ongoing conditions. Based on her family's medical history, she recognizes that, "It's important that I take care of myself, because I need to be here for my kids."

In Duchesne Clinic, Patricia found a partner on the road to a healthy life. She made changes to her diet and exercise, and now walks an hour a day. She learned how to identify things she does that make her feel bad, and feels empowered to make healthier choices.

see how nice Annette was and how she really cared. I felt

Clinic Counts

Uninsured adults in Leavenworth County
1986 - 6,000 2014 - 6,000

Uninsured adults in Wyandotte County
1989 - 29,000 2014 - 41,000

90% of patients usually pay something (≤\$15) towards the services they receive

Contact either clinic to join us for a monthly Health & Hope tour and witness our mission in action.

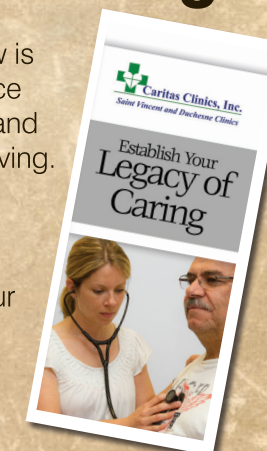
71% of patients live below the Federal Poverty Income of **\$23,550** for a family of four



Establish Your Legacy of Caring

Planning a deferred gift now is a meaningful way to balance your concerns for the future and maximize the impact of your giving.

Contact Heather Solis, Development Manager, at (913) 321-2626 to request your free Legacy Planning Reference Guide.



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(913) 651-8860
www.saintvincentclinic.org



Call and Response Editor:
Heather Nacey Solis
Development Manager



A Letter from the Leadership

There is tremendous wisdom in the original vision of our founders. As we celebrate our 25th Year of Service at Duchesne Clinic and nearly three decades of service at Saint Vincent Clinic, we are impressed by the timeless vision of those who first brought life to our clinics.

Compassionate care for the poor and sick in our communities has always been our goal. Looking back, it becomes clear that our founders - the literally hundreds of women and men who together breathed life into Saint Vincent and Duchesne Clinics - their vision of compassionate care is still a cutting-edge concept today.

Compassionate care means meeting patients where they are in life and getting them back on the path to health. Helping patients get medications they need. Getting diabetic patients regular vision exams. Making sure women at high risk of breast cancer get their well-woman exams on time. Giving patients with diabetes or heart disease the real-world tools to see

past the misinformation around diet and exercise, and successfully take measurable, achievable first steps to regain control of their health.

In today's vernacular, meeting patients where they are in life is known as Care Coordination and Integrated Care. It is cutting-edge work that hospitals and accountable care organizations are doing to improve quality. It is also something our staff and volunteers have been experts at for nearly three decades.

The Sisters, Doctors, and volunteers who started our clinics met our patients where they were in life then, and that legacy continues today because of you. When you organize or support a supply drive, collaborate as a community partner, volunteer or work at the clinic, attend an event or make a donation, YOU help provide compassionate care every day at our clinics.

Thank you for living the clinics' mission each and every day.



Judy Scott, Board Chair



Amy Falk, Executive Director

Air Force Member, Wife, Mother and Volunteer Extraordinaire

In 2012, a class requirement led Nicole Siebenmorgan to learn more about and volunteer with Saint Vincent Clinic. She contacted clinic manager, Briana Cavinaw, and offered to help in whatever capacity she was needed. Once a week, Nicole uses her lunch break from her job on Fort Leavenworth to come support the clinic's staff with a variety of what she calls "easy stuff".

After spending a few months at the clinic, Nicole realized that there were many needs that community support could help meet. She approached a co-worker about getting the Lansing Lions Club involved. The result has grown into a twice-a-year supply drive for over-the-counter medications, bandages, etc. that helps the clinic meet patient needs.

In 2014, Nicole expanded her support of the clinic by serving as the onsite volunteer coordinator for both Snowflake

Streak and Caritas Celebrates. Her work at these events helped to ensure that they ran smoothly.

When she first visited the clinic, Nicole says, "I didn't know what to expect or what the clinic would look like. I was pleasantly surprised at how welcoming and clean it was; just like a regular doctor's office. I am proud that

the staff and volunteers work so hard to make life better for the patients. Not just meeting their healthcare needs, but working to connect them with resource to help with other problems they are facing."

Nicole adds, "What keeps me coming back each week is that, even though I don't have a medical background, I can see how my time helps make life better for those in need. I feel good about helping people at Saint Vincent Clinic!"

If you would like to learn more about the work of our clinics and how you can help, contact Debbie at (913) 651-8860 to attend a monthly Health & Hope Tour.

Volunteer Spotlight



“ After returning home from active duty I missed volunteering. ”
- Nicole Siebenmorgan

Raising Hope for Patient Care



The clinics proudly recognized the 2014 Awardees for their long-standing commitment to the clinics' mission and patients. Pictured L to R - Chief John Paul Jones - KCK Fire Department, Greg Shondell - Community Volunteer, Lenn Jennings - KMBC/Emcee, Judy Scott - Board Chair, Dr. Miralda Moreno - Moreno Family Dentistry, Amy Falk - Executive Director, Pastor Lynn Dickson & Richard Sack - 1st Christian Church Men's Fellowship



Thank you to the 240 friends of the clinics, including members of Sister of Charity of Leavenworth, who gathered April 26, 2014 to support the clinics.



This evening of fun, food and dancing raised \$46,634, providing a full year of clinic care for 62 uninsured patients. **THANK YOU!**

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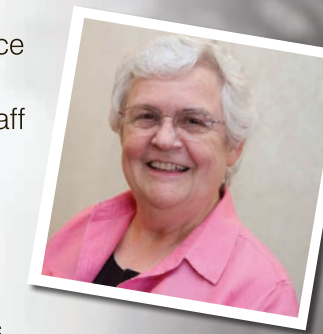
- Board of Public Utilities
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- Security Bank
- Sisters of Charity of Leavenworth
- Therese Horvat - WTGG Consulting
- Tom White

In Memory...

On June 3, 2014, Sister Helen Bristow, SCL, was called to eternal life. Since 2002, Sr. Helen worked as the Patient Advocate at Duchesne Clinic. For many she was the heart and soul of the clinic, beloved by patients and staff alike. She worked tirelessly to meet patients where they were, providing hope by always making time for both their material *and* spiritual needs.

Her joyous presence contributed greatly to making the clinic a welcoming and compassionate "home" for so many. In times of transition and decision-making, Sr. Helen was the mission compass of the clinic; always pointing us to the true intent of our founders, never losing sight of best interest of those we serve.

We are grateful for the many gifts she shared, and her spirit and memory live on at the clinic daily.



25 Years of Health & Hope

In April of 1989, Duchesne Clinic began providing health care to the uninsured of Wyandotte County in the former St. Anthony School, which had closed in 1974. The clinic was named Duchesne, after Saint Phillipine Rose Duchesne, who was known among the Potawatomie, with whom she worked, as "Woman Who Prays Always".

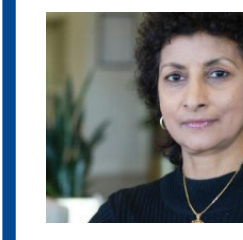
The clinic was founded on the belief that health care is a basic human right, to provide service to indigent patients, regardless of religious affiliation, with an emphasis on the value of compassion, respect of personal dignity, and a sensitivity to human suffering.

In 2001, to meet the ever growing needs of the community the clinic completed a renovation and expansion. The number of exam rooms doubled, and the clinic was transformed from looking like the converted classroom space that it was to the functional doctor's office you see today.

Since opening, the clinic has provided more than 218,570 patient visits, giving a medical home to thousands of people who otherwise would have gone without access to medical care.

Clinics Welcome New Medical Director

Nalini Tella, MD, MBA has joined the clinic staff as Medical Director. Dr. Tella is a strong believer in community-based access to care - irrespective



of one's ability to pay. This passion stems from her childhood, and memories of her family doctor and the distance they had to travel to access care. These early experiences set her course on a career in medicine.

Dr. Tella earned her medical degree from the Andhra University Medical School in Guntur, India in 1976. After completing her residency in Internal Medicine at the University of Minnesota in 1979, she moved to Kansas City, MO where she enjoyed a successful primary care practice on the Country Club Plaza for more than 20 years. In this capacity, she treated many underserved

patients. This inspired her to go back to school and in 2007 she earned her MBA in Healthcare Management from Rockhurst University. Board certified in Internal Medicine and equipped with expertise in medicine, health care management and administration, Dr. Tella is positioned to confront the medical challenges facing the underserved.

In addition to her experience in private practice Dr. Tella has served as Medical/Associate Medical Director for a number of organizations prior to joining Caritas Clinics, Inc. She has also worked as a Clinical Preceptor at Kansas University Medical Center and a Guest Lecturer-UMKC Medical School. She is a member of American Medical Association, American College of Physician Executives, American Academy of Pain Management, and American College of Physicians.

Duchesne Clinic
25th Anniversary
Founders' Mass
Celebrated by the
Most Reverend Joseph F. Naumann, Archbishop

Tuesday, November 18
5:30 p.m.
Saint Mary-Saint Anthony Church
615 N. 7th Street
Kansas City, KS 66101

Reception to Follow

RSVP to Heather at 913-321-2626 or
heather.solis@caritasclinics.org